

Webinar Program by East West Healing Center on 4/28/2024

Topic: Exploring Dysmenorrhea - A Comprehensive Western Perspective

Speaker: Shiaoting Jing, LAc., PhD., O.M.D

Date and time: 4/28/2024 Sunday 8am- 5pm (Chicago time)

Received 8 CEUs/PDAs(NCCAOM)

Dr. Jing has a rich lineage in the traditions of acupuncture and traditional Chinese medicine, spanning generations. Her passion for the philosophy and practice of this ancient healing art is evident in her commitment to the holistic balance of the body, mind and spirit. Dr.Jing's journey towards healing commenced in childhood. In 1984, she completed a five-year doctor training program at Gan Su University of Traditional Chinese Medicine. Following this, she specialized in obstetrics and gynecology under the mentorship of Dr. Zhang Ren Yi, a seventh-generation Ob/Gyn specialist. Over the course of four years, Dr. Jing achieved remarkable success in treating various gynecological condition includes infertility issues, marking the early highlights of her career. She dedicated three years to an apprenticeship with renowned Professors Dr. Shang, Xian -Min and Dr. Lu, Ren- He at Bei Jing University of TCM - Dong Zhi Men Hospital in Beijing. During this time, she conducted award-winning research studies and honed her clinical practice, specializing in the application of TCM to treat kidney failure, deepening her expertise in herbology. Dr. Jing subsequently assumed roles as a teacher, intern supervisor, and chief physician at Beijing Immunology Hospital. Since relocating to Los Angeles in 1992.

Course introduction:

I.Overview of Dysmenorrhea: Primary vs. Secondary Dysmenorrhea. Significance of Understanding Epidemiology, Physiology, Ethology, and Pathologies. II.Primary Dysmenorrhea. ①. Epidemiological Insights: Prevalence and Demographics, Age of Onset. ②. Physiological Mechanisms: Normal Menstrual Cycle, Hormonal Influences. ③. Ethological Factors: Genetic Predispositions, Lifestyle and Environmental Influences. ④Pathological Considerations: Uterine Contractions and Prostaglandin Release. III.Secondary Dysmenorrhea.①. Epidemiology in Secondary Dysmenorrhea: Prevalence and Associated Conditions, Age Groups Affected. ②. Physiological Disturbances: Endometriosis, Adenomyomas, Uterine Fibroids.③. Ethological Aspects: Impact of Reproductive Health History, Surgical Interventions and Trauma.④. Pathological Insights: Inflammatory Processes, Structural Abnormalities

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Registration form attached.

Contact us for questions: Dr. Leon Chen, LAc

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